



Photovoice is an artistic tool used to amplify a community's voice regarding a particular subject, cause or issue through photographic images with captions written by the photographers.

May is *Mental Health Awareness Month*, and we would like community members of Wayne and Holmes Counties to help OneEighty's Community Outreach Team commemorate this important month by contributing to our **Photovoice Project**, which will be launched in early May with both public and online photo galleries. The subject is mental health. Please send us one or multiple photos, each with a caption that relates your personal experience with or perception of mental health struggles, mental wellness, or mental health stigma. This may include - but is not limited to - mental illness and recovery, substance use and recovery, domestic or dating violence, sexual assault, other trauma, or self-care.

Submissions are due by Saturday, April 10th, 2021. Please see the submission instructions below. If you have any questions, please call or email Gayle Byrne at 330.804.3308 byrneg@one-eighty.org We look forward to seeing your work!

Following are two samples of Photovoice submissions from other projects. Please find instructions for our project submission on the next page.



Walking among the trees and sailing across the water is so therapeutic and grounding for me. Taking deep breaths in nature opens and clears my mind. Grounding.

I AM POSITIVELY RARE



I wanted this tattoo for a long time. It says "positively rare until there's a cure." *Positively rare* is how I present myself. I was about to come out of the chair from the pain, but eventually it went away. It stopped being painful, and I was like "That's how HIV has been for me." It was so painful in the beginning, and now throughout the years, it has been a permanent part of me, but **HIV IS NOT WHO I AM.** I am unmasked - a positive triumph.



Please see the submission instructions below. If you have any questions, please call or email Gayle Byrne at 330.804.3308 byrneg@one-eighty.org

Submissions are due by Saturday, April 10th, 2021

Instructions:

- 1) **Take a photo that shows us your experience with or perception of mental health with your phone or camera. No need to be a professional! Phone cameras are fine.**
- 2) **Fill out the following information:**
 - First Name:** Click or tap here to enter text.
 - Last Name:** Click or tap here to enter text.
 - Would you like to remain anonymous?** Choose an item.
 - Age:** Click or tap here to enter text.
 - Write a caption/sentence/title for your photo (may be a few words, phrase, poem, story, feeling, etc.):** Click or tap here to enter text.
- 3) **Fill out the attached Publications Release Form**
- 4) **Turn in your submission through one of the following:**
 - a. **Email:** send this form, the Publications Release Form, and your photo to byrneg@one-eighty.org (you can submit as many photos as you would like, but please fill out this form for each photo and submit in separate emails)
 - b. **Mail-In/Drop Off:** print this form, the Publications Release Form, and an 8x10 print of your photo and mail or drop off your submission to

OneEighty
Attention: Gayle Byrne
104 Spink Street
Wooster, OH 44691

Please do not fold your photo when mailing/dropping off at OneEighty

PUBLICATIONS WAIVER

Participant Permission

OneEighty Mental Health Photovoice Project 2021

OneEighty would like to obtain your consent to use your photo and story for OneEighty's Mental Health Photovoice Project.

Your photo and story may be shared on OneEighty's social media platforms (Facebook, Twitter and LinkedIn), OneEighty's website, at a public art gallery showing, and/or promotional material related to Mental Health Photovoice Project.

If you do not wish for us to use your photo in any way, please do not sign this waiver. All participation is strictly voluntary.

I understand that by signing this waiver, I am unable to hold OneEighty liable in any way.

Participant Printed First and Last Name; Please print legibly.

Participant Signature

Date

Please return form to Christy VanSickle, Community Relations and Marketing Manager