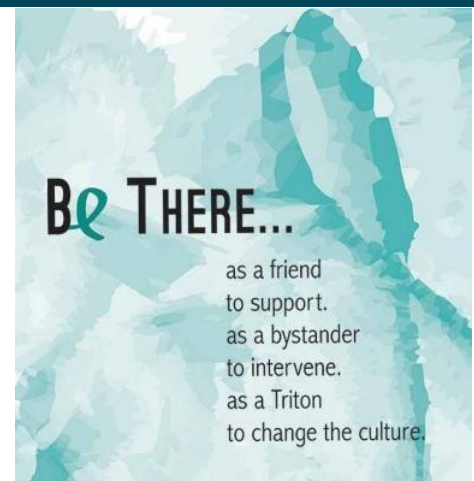



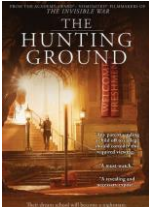


# April





2021



# SEXUAL ASSAULT AWARENESS MONTH

**April is Sexual Assault Awareness Month. Learn how YOU can make an impact and raise awareness each day during the month of April.**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>SPECIAL EVENT:</b>  <b>VIRTUAL BOOK CLUB 4/27 @ 7:00PM</b></p> <p><b>zoom</b></p> <p>Please pre-register:  <a href="https://us02web.zoom.us/joining/register/tZwfsf-upi0sGtcNweZM7SXg5YBEVSUP9KBB">https://us02web.zoom.us/joining/register/tZwfsf-upi0sGtcNweZM7SXg5YBEVSUP9KBB</a></p>				<p><b>Teal, the color for SAAM</b></p> <p>Pay tribute to the color of sexual violence prevention with a photo or illustration of something teal in a social media post today.</p> 	<p>View the TED talk,  <b>Why women stay silent after sexual assault</b> by Ines Hercovich:  <a href="https://www.ted.com/talks/ines_hercovich_why_women_stay_silent_after_sexual_assault">https://www.ted.com/talks/ines_hercovich_why_women_stay_silent_after_sexual_assault</a></p>	<p>consent is...  <b>mutual active</b>          respecting boundaries  <b>comfortable retractable</b>          checking          willingly given</p> <p>Consent is the difference between sex and rape.</p>
<p><b>4</b></p> <p>View the documentary <b>The Hunting Ground</b> on Amazon prime video to learn about sexual assault on college campuses.</p> 	<p><b>5</b></p> <p>Write to your state legislators in support of companion bills <b>House Bill 279 &amp; Senate Bill 162</b> to abolish the statute of limitations on reporting rape in Ohio, and remove the spousal exemption for rape</p> 	<p><b>6</b></p> <p><b>Wear Teal Day</b>          Wear teal, the color of sexual violence prevention, and share your selfie or create a photo collage with your friends, co-workers, teammates, etc.</p> 	<p><b>7</b></p> <p>Every 73 seconds, someone in the U.S. is sexually assaulted, which means it's likely that you or someone you know has experienced sexual violence. Learn some important tips about how to best support a survivor:  <a href="http://www.rainn.org">www.rainn.org</a></p>	<p><b>8</b></p> <p><b>What is sexual coercion?</b>          The use of force, threat of force, deception or when a person is beaten, threatened, isolated, or intimidated.</p> <p>Examples of coercive tactics that do not necessarily use force:          -- Substance use          -- Verbal pressure          -- Emotional pressure          -- Social pressure</p>	<p><b>9</b></p> <p>Learn about the <b>4 Options to Act</b> that a bystander who witnesses a potential intimate partner violent attack may use to prevent the attack:</p> <ul style="list-style-type: none"> <li>❖ Direct</li> <li>❖ Distract</li> <li>❖ Delegate</li> <li>❖ Delay</li> </ul> <p><a href="https://www.nsvrc.org/bystander-intervention-tips-and-strategies">https://www.nsvrc.org/bystander-intervention-tips-and-strategies</a></p>	<p><b>10</b></p> <p>Read the Wayne and Holmes Counties Commissioner s' <b>2021 Sexual Assault Awareness Month (SAAM) Proclamations:</b></p> <p><a href="http://www.one-eighty.org">www.one-eighty.org</a></p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15	16	17
<p>One of the root causes of sexual violence is oppression. Communities most impacted by oppression experience the highest rates of sexual violence. Oppression includes racism, sexism, ableism, and heterosexism</p>	<p>Write a message of support for survivors of sexual assault and post on your social media. Consider phrases like <i>Support Survivors, Hope &amp; Healing, Your Story Matters.</i></p> <p>#SAAM</p> 	<p>Sexual assault is one of the most under-reported crimes, with 77% left unreported to law enforcement due to victim fear of the perpetrator, shame and social stigma, and lack of support or resources.</p> <p>(DOJ from the NCVS, 2016)</p>	<p>Just like abuse that takes place physically, online sexual abuse and harassment can be traumatic. It can threaten sense of safety and overwhelm the nervous system in the same ways harm, physical threats, and in-person events are experienced. Left untreated, it can lead to PTSD and other long-term health issues. Support is available:</p> <p><a href="https://www.nsvrc.org/saam/2021/survivorresources">https://www.nsvrc.org/saam/2021/survivorresources</a></p>	<p>Start at home: Modeling healthy behaviors keeps kids safe.</p> <p>Stop It Now! operates a <a href="#">Helpline</a> to provide confidential and free support, information, and guidance to any adult seeking help in preventing child sexual abuse. Since launching our Helpline in 1995, we have helped more than 23,000 adults via phone, email, letters, and chat.</p> <p><a href="#">Start at Home: Modeling Healthy Behaviors Keeps Kids Safe</a>   by National Sexual Violence Resource Center   Sexual Assault Awareness Month 2020 Medium</p>	<p>Consent is given freely and willingly, without force or coercion, and can be withdrawn at any time. Learn more on youtube:</p> <p>It's as simple as tea. . . .</p> <p><a href="https://www.youtube.com/watch?v=pZwvrXVavnQ">https://www.youtube.com/watch?v=pZwvrXVavnQ</a></p> 	<p>View <b>Roll Red Roll</b>, on Netflix, the 2012 true-crime documentary about the Steubenville, OH football team that illustrates the danger in the perpetuation of rape culture.</p> 
18	19	20	21	22	23	24
<p>1 in 2 women, 1 in 4 men, and 1 in 2 transgender and gender non-conforming individuals have experienced contact sexual violence in their lifetime.</p> <p>(NISVS, 2018; U.S. Trans Survey, 2015)</p>	<p>"To be rendered powerless does not destroy your humanity. Your resilience is your humanity. The only people who lose their humanity are those who believe they have the right to render another human being powerless. They are the weak. To yield and not break, that is incredible strength."</p> <p>- Hannah Gadsby</p>	<p>View the TED talk <b>How we talk about sexual assault online</b> by Lone Wells:</p> <p><a href="https://www.ted.com/talks/lone_wells_how_we_talk_about_sexual_assault_online">https://www.ted.com/talks/lone_wells_how_we_talk_about_sexual_assault_online</a></p>	 <p>"We don't heal in isolation, but in community."</p> <p>S. Kelley Harrell</p>	<p>Sexual coercion is the use of force, threat of force, deception or when a person is beaten, threatened, isolated, or intimidated.</p> <p>Examples of coercive tactics that don't necessarily use force include</p> <ul style="list-style-type: none"> <li>-- Substance use</li> <li>-- Verbal pressure</li> <li>-- Emotional pressure</li> <li>-- Social pressure</li> </ul>	<p><b>Day of Silence</b></p> <p>In the US, this day is the Gay, Lesbian and Straight Education Network's (GLSEN) annual day of action to spread awareness about the effects of the bullying and harassment of lesbian, gay, bisexual, transgender, queer, and questioning students. Students take a day-long vow of silence to symbolically represent the silencing of LGBTQ students. Learn more</p> <p><a href="http://www.dayofsilence.org">www.dayofsilence.org</a></p>	<p>The lifetime cost of rape per victim is \$120,000. (CDC, 2017)</p> <p>80-90% of rapes are committed by someone known to the victim. (NISVS, 2017)</p> <p>People with disabilities are at least 3X more likely to be sexually assaulted than those without disabilities. (Vera Institute, 2017)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	
<p>There are often misconceptions about how/where sexual assaults occur.</p> <p>Where were survivors when the attack occurred?</p> <p><b>48%</b> sleeping or performing another task at home</p> <p><b>29%</b> were traveling to and from work/school, or traveling to shop/run errands</p> <p><b>12%</b> were working</p> <p><b>7%</b> were attending school</p> <p><b>5%</b> were doing an unknown or other activity</p> <p><a href="https://www.rainn.org/statistics/scope-problem">https://www.rainn.org/statistics/scope-problem</a></p>	 <p>Join OneEighty staff members for</p> <p><b>zoom</b></p> <p>book club</p> <p><b>TONIGHT AT 7:00PM</b> to discuss <b>Know My Name</b>, by Chanel Miller</p> <p><b>Register:</b></p> <p><a href="https://us02web.zoom.us/j/84502041234">https://us02web.zoom.us/j/84502041234</a></p> <p><a href="https://www.rainn.org">https://www.rainn.org</a></p>	<p><b>RAINN</b> (Rape, Abuse &amp; Incest National Network) operates the National Sexual Assault Hotline where their volunteers offer support 24/7 to survivors and their loved ones. Whether you're looking for support, advice, or a referral, you can contact RAINN at 800-656-HOPE or chat online with a trained support specialist.</p> <p><a href="https://www.rainn.org">https://www.rainn.org</a></p> <p><b>RAINN</b></p>	<p><b>Denim Day</b> is an international campaign that began in response to a ruling by the Italian Supreme Court where a rape conviction overturned in 1999. The justices felt that since the victim wore tight jeans, she must have helped the person who raped her remove them, thereby implying consent. Make a social statement by wearing jeans <b>with a purpose</b> on this day as a visible means of protest against the misconception that surround sexual violence.</p> <p><a href="https://www.denimdayinfo.org">https://www.denimdayinfo.org</a></p>	<p>Every 73 seconds, an American is sexually assaulted. And every 9 minutes, that victim is a child.</p> <p>The majority of sexual assaults occur at or near the victim's home:</p> <p><b>55%</b> at or near victim's home</p> <p><b>15%</b> in an open public place</p> <p><b>12%</b> at or near a relative's home</p> <p><b>10%</b> in an enclosed public area, such as a parking lot or garage</p> <p><b>8%</b> on school property</p> <p><a href="https://www.rainn.org/statistics/scope-problem">https://www.rainn.org/statistics/scope-problem</a></p>	<p>View the Netflix series <b>Unbelievable</b>, which chronicles the 2015 Pulitzer Prize-winning ProPublica and The Marshall Project article true story of a young rape victim's experience and the common mishandling of rape investigations.</p> 	<p><i><b>If you or someone you know is a victim of sexual violence and need assistance, call the OneEighty 24-Hour Hotline:</b></i></p> <p><b>1.800.686.1122</b></p> 